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GentleMax LASER POST CARE

What to expect:

You have been treated with the GentleMax Laser. The treated area may be red and swollen for 24-48 hours after the procedure. The laser treated skin is delicate for 1 – 2 weeks after treatment.

Pain relief:

If you experience swelling or discomfort, apply ice packs (or crushed ice in a plastic bag) wrapped in cloth for 10 minutes several times per hour for the remainder of the day. Tylenol may be taken for pain. Avoid taking aspirin/ibuprofen products for 48 hours unless directed otherwise as these medications can lead to bruising in the treated areas.

Daily care:

You may gently wash the treated area twice a day. Avoid vigorous rubbing with a towel or wash cloth. If you have any crusting of the skin, apply a petroleum based ointment (Vaseline/Aquaphor) gently to the laser treated areas 2 – 3 times daily for 3 – 5 days after treatment. Do not rub, scratch, put pressure on, or remove any crusts that may form. Picking at crusted skin can lead to scarring; allow the crust to fall off naturally.

If extensive areas of the cheeks have been treated, sleep on 2 pillows at night to decrease temporary swelling.

Can I wear make-up?

Water soluble make-up may be worn after treatment, but cautiously remove with a gentle liquid cleanser (i.e. Cetaphil) and pat dry. **AVOID RETIN-A, SCRUBS OR TONERS ON THE AREA UNTIL COMPLETELY HEALED.**

Additional instructions for laser hair removal:

- The hair will slowly come out of the follicle over the next 2 weeks. You may gently wash the treated area twice a day. Avoid vigorous rubbing with a towel or wash cloth. You may lightly pat the areas dry. A light loofah scrub can help this process at 10-14 days. You can tweeze, shave, wax or bleach at any time after the initial inflammation subsides.

****If you encounter any problems with these instructions, or if a situation arises that is not covered in this instruction sheet, please call our **please call the clinical line at 978-254-1612.******